

Bench Weight	2023 Pump & Run Category		BENCH Press	ONE MILE Run		Score (Sec.)	Hours	TIME	Placing
	Bib #		Reps	Minutes	Seconds				
30 lbs.	Bib #	Teen Girls 13-15	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	6	Grace Gariepy	50	6	10	195	0.135	3:15:00	1
55 lbs.	Bib #	Women 60+	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	17	Patti Saglimben	21	8	24	430.5	0.299	7:10:30	1
65 lbs.	Bib #	Women 40-44	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	4	Kath Roth	24	8	32	428	0.297	7:08:00	1
	8	Mistey Leet	13	10	19	573.5	0.398	9:33:30	3
	5	Rayna Ayers	29	9	44	482.5	0.335	8:02:30	2
65 lbs.	Bib #	Women 35-39	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	3	Brandy Haskins	40	7	51	331	0.23	5:31:00	1
	10	Susie Austin	9	7	45	433.5	0.301	7:13:30	2
	20	Erin Smith-Bockmier	22	9	43	506	0.351	8:26:00	3
65 lbs.	Bib #	Women 30-34	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	18	Alicia Mikowicz	24	6	44	320	0.222	5:20:00	1
45 lbs.	Bib #	Teen Boys (12 and Under)	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	1	Carter McFall	25	13	55	747.5	0.519	12:27:30	1
95 lbs.	Bib #	Teen Boys (18-19)	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	100	Isiah Demer	52	6	39	217	0.151	3:37:00	3
	11	Chance LaCroix	42	5	58	211	0.147	3:31:00	2
	12	Zach Luce	26	6	35	304	0.211	5:04:00	4
	21	Christian Gariepy	34	5	27	208	0.144	3:28:00	1
95 lbs.	Bib #	Men 70+	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	9	Rick Hall	43	8	57	386.5	0.268	6:26:30	1
95 lbs.	Bib #	Men 60+	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	7	Randy Barnhart	72	7	16	184	0.128	3:04:00	1
125 lbs.	Bib #	Men 45-49	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	2	Jess McFall	20	14	26	796	0.553	13:16:00	1
125 lbs.	Bib #	Men 30-34	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	19	Jake Menefee	21	8	0	406.5	0.282	6:46:30	1
125 lbs.	Bib #	Men 25-29	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	16	Andrew Walters	37	5	55	225.5	0.157	3:45:30	1
125 lbs.	Bib #	Men 20-24	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
	14	Chance Frame	23	7	13	352.5	0.245	5:52:30	1
	69	Jeremiah Crivelli	25	8	31	423.5	0.294	7:03:30	2
	Bib #	Couple Division (Male Lifter)	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
125 lbs.	13	Matthew Brenneman / Halie Frazier	28	8	34	416	0.289	6:56:00	2
95 lbs.	63	Bradley Bergstrom / Mattie Hoffman	34	6	43	284	0.197	4:44:00	1
	Bib #	Couple Division (Female Lifter)	Reps	Minutes	Seconds	Score (Sec.)	Hours	TIME	Placing
65 lbs.	15	Lauren & Dean Whitcomb	25	6	23	295.5	0.205	4:55:30	1